

2011-2012 Colorado Parent Support Groups



"Is there a support group in my area for families with children with special needs?"

While some parents prefer to have a one-to-one conversation with another parent about life with a child with a disability, others prefer to meet face-to-face with a group of parents for resources and support.

Parent to Parent contacts the various support groups annually in order to provide parents with accurate information. If you know of other groups that are meeting or have updates to this list, please let us know.

More details can be found at http://p2p-co.org/navigation_bar_pages/supportgroups.htm, including place, day and time. You can also contact us at call 1-877-472-7201. We hope you enjoy meeting other parents in your area - what a great way to make new friends!

Statewide

Various Locations

- Angelman Syndrome Support
(303) 988-2252 / cinnredsnyder@q.com
- Brain Injury Alliance of Colorado
(800) 955-2443 / max@biacolorado.org
- Central Rocky Mountain Chromosome 22 Support Group
(303) 279-0406 / bocaabu@aol.com
- Colorado Unlimbited Children
(303) 380-3898 / info@unlimbited.org
- Epilepsy Foundation of Colorado
(888) 378-9779 / info@epilepsycolorado.org
- F.A.C.E.S. of Colorado/Wyoming (Duchenne MD)
(303) 650-6387 / Angela.CoFACES@parentprojectmd.org
- Hydrocephalus Information Network
(720) 777-4155 / bird.wynne@tchden.org
- International Dyslexia Association Family Education Network
(303) 721-9425 / ida_rmb@yahoo.com
- Microtia and Atresia Support Group
(303) 646-7126 / melissa_tumblin@yahoo.com
- Mile High Down Syndrome Association
(303) 797-1699 / mhdsa@aol.com
- NAMI (National Alliance on Mental Illness), Colorado Chapter
(888) 566-6264 / nami-co@nami.org
- Rocky Mountain Depression Bipolar Support Alliance
(719) 492-9335 / find.support@rockymountaindbsa.org
- Rocky Mountain Osteogenesis Imperfecta Support
(303) 520-4642 / mkellyolsen@gmail.com
- Tuberous Sclerosis Support Group
(303) 255-7093 / emme01@msn.com
- Turner Syndrome Support
(303) 465-4269 / goodgiblin@aol.com
- Vacterl Syndrome Support Group
(303) 880-3217 / admin@vacterlnetwork.org

Online

Colorado Springs

- Colorado Springs Asperger Online Support Group
(719) 344-5619 / info@autismaspergerconnections.org

Denver

- Denver Area Down Syndrome Connections
denver_area_down_syndrome_connections-owner@yahoogroups.com

Fort Collins

- Fort Collins Aspergers/Autism Group
(970) 377-9640 / health.groups.yahoo.com/group/FortCollinsAspergers_Autism
- Special Support for Parents of Special Kids
(970) 218-0362 / brenttuttle@yahoo.com

Statewide

- Autism Society of Colorado Discussion List
(720) 214-0794 / autism-co-subscribe@yahoogroups.com
- Colorado Fetal Alcohol Syndrome Parent Support
health.groups.yahoo.com/group/CO_FASD_Parent_Support
- Down Syndrome-Autism Connection
(720) 214-0794 / robin@autismcolorado.org
- EMPOWER Colorado
health.groups.yahoo.com/group/EMPOWER_COLORADO
- MASK - Mothers of Asperger Syndrome Kids
maskas99-owner@yahoogroups.com
- Parent to Parent of Colorado Listserv (P2P-CO)
(877) 472-7201 / renee@p2p-co.org
- Parents of Adults with Disabilities-CO (PAD-CO)
padcoweb@aol.com
- SPD Colorado (Sensory Processing Disorder)
health.groups.yahoo.com/group/SPDColorado

Spanish Speaking

Denver

- Cromosoma del Amor (Grupo Vida and MHDSA)
(303) 904-7360 / sandiaz7@hotmail.com
- El Grupo Vida Traumatic Brain Injury Support Group
(303) 904-6073 / info@elgrupovida.org
- Grupo Vida and The Children's Hospital Parent Support
(303) 885-3735 / mcabral@tchd.org

Greeley

- Greeley Area Down Syndrome Support Group (bilingual)
(303) 797-1699 / mhdsa@aol.com

Longmont

Familias Excepcionales, Boulder/Broomfield Counties
(720) 277-7410 / exceptionalfamilies@yahoo.com

Louisville

Grupo de Apoyo en Espanol
(303) 718-4822 / aslc@autismlarimer.org

Boulder/Longmont

Boulder

ADHD Support Group
(720) 561-5918 / anna.stewart@bvsvd.org

Boulder Valley School District/Parent Support Program
(720) 561-5918 / anna.stewart@bvsvd.org

Colorado Visions (5 week series, mental illness focus)
(303) 776-3199 / aetyada@msn.com

Dads on Sunday Morning Support Group
(720) 366-0360 / cmspecialistsco@gmail.com

Down Syndrome Boulder Area Support Group (0-18)
(303) 797-1699 / mhdsa@aol.com

Down Syndrome Grandparents/Extended Family Support Group
(303) 797-1699 / mhdsa@aol.com

Exceptional Families of Boulder/Broomfield Counties
(720) 277-7410 / exceptionalfamilies@yahoo.com

Not So Special Parent Support Group
(303) 527-0888 / dfitzgibbons@gmail.com

OCD Support Group-Families, Friends & Ourselves
(303) 938-1360 / coca4ocd@hotmail.com

Lafayette

ASBC Lecture Series
(720) 272-8231 / asbcmeetings@gmail.com

Coffee Talk/ Autism Support Group
(720) 890-8213 / marshalltim123@msn.com

Longmont

Brain Injury Support Group
(303) 589-3404 / maryanne@creative-organizing.com

Coffee Talk, Autism Support Group
(303) 651-7949 / asbcmeetings@gmail.com

Louisville

Parents Experiencing Challenging Children (PECK)
(303) 284-9863 / austinhb@hotmail.com

Colorado Springs

Colorado Springs

ADHD Support Group
(719) 591-2691 / colorado-springs@chadd.net

Alpine Autism Center Parent Support Group
(719) 955-3767 / alpineautismcenter@stfrancis.org

Asperger Support Group
(719) 344-5619 / info@autismaspergerconnections.org

Autism Support Group
(719) 344-5619 / info@autismaspergerconnection.org

Family and Friends Support Group (DBSA)
(719) 477-1515 / help@dbcoloradosprings.org

Family to Family Support and Colorado Visions Classes
(719) 473-8477 / namicos@qwestoffice.net

Fetal Alcohol Spectrum Disorders or Other Cognitive Disabilities
(303) 654-3246 / eileen.bisgard@judicial.state.co.us

Fragile X Support Group
(719) 391-2249 / gingerstringer@yahoo.com

Mended Little Hearts
(719) 649-7226 / ColoradoSpringsCO@mendedlittlehearts.org

Parents Epilepsy Support Group
(719) 491-7340 / jackson6542@msn.com

SMILES
(719) 638-1775 / smiles4disabilities@gmail.com

Denver Metro Central

Denver

ABC's of Autism Spectrum Disorders Support Group
(720) 214-0794 / support@autismcolorado.org

Biomedical Support Group
claudiabarzen@yahoo.com

Down Syndrome Denver Area Grandparent Support Group
(303) 797-1699 / mhdsa@aol.com

Families First Support Groups (not specifically special needs)
(303) 745-0327 / fssdirector@familiesfirstcolorado.org

Family Night at Beaujo's Pizza
(720) 214-0794 / kim@autismcolorado.org

Miracles for Mito
(303) 319-8219 / maria@miraclesformito.org

NAMI Denver, monthly education classes
(303) 504-6545 / namidenver@nami.org

National Fragile X Foundation, Denver Chapter
ben.hinnen@coloradofragile-x.org

Non Verbal Learning Disability or Aspergers Support Group
(303) 475-1886 / susan.blumberg@gmail.com

Park Hill Neighborhood Parents
(303) 329-8950 / kdot62@comcast.net

Rocky Mountain Rett Association
(720) 234-7673 / carrierose85@hotmail.com

Sensory Processing Support Group
(303) 475-1886 / susan.blumberg@gmail.com

Denver Metro North

Northglenn

Dyslexia Resource Group, North Metro
(303) 422-7155 / dyslexiaresourcegroupnorth@comcast.net

Fetal Alcohol and other Cognitive Disorders Support Group
(303) 654-3246 / eileen.bisgard@judicial.state.co.us

Uniquely Ours Support Group
(303) 358-7172 / uniquely_ours@yahoo.com

Thornton

Down Syndrome North Metro Support Group (birth-12)
(303) 797-1699 / mhdsa@aol.com

EMPOWER Adams County
(866) 213-4631 / knrivera@empowercolorado.com

Denver Metro East

Aurora

Adoption Support Group
(720) 937-2376 / kimsjourney7@gmail.com

Aurora Support Group (sponsored by Arc of Aurora)
(720) 213-1420 / dsarcaurora@aol.com

BIG (parents of children w/brain injuries)
(720) 777-3901 / negron.javier@tchden.org

Empowering Families (mental health, dual diagnosis)
(303) 552-6231 / kimsjourney7@gmail.com

Prayer/Support Group: Parents of Special Needs Children
(303) 256-1223 / blang@coloradocommunity.org

Special Care Clinic Epilepsy Group
(720) 887-3021 / mhofpgarten@gmail.com

Denver

Watch Our Words (facilitated communication group)
(303) 604-6202 / granger@cybox.com



Denver Metro South

Castle Rock

Castle Rock Down Syndrome Support Group (0-7)
(303) 797-1699 / mhdsa@aol.com

Centennial

Cherry Creek Schools (Parent Coffees,
Special Education Series)
(720) 554-4490 / dvanscoyk@cherrycreekschools.org

Denver-Metro Children and Adults with ADHD Support Group
(303) 753-1783 / denver-metro@chadd.net

EMPOWER Centennial/Littleton/Englewood/Aurora
(866) 213-4631 / knrivera@empowercolorado.com

Kaffee House Support Group and Ministry
(303) 840-9195 / jimrecord@q.com

Denver

Lone Tree Parents of Children with Epilepsy
(303) 663-7376 / melinalyn@comcast.net

Greenwood Village

MosaicKids (mothers of severely allergic infants/children)
admin@mosaickids.org

Highlands Ranch

Dyslexia Resource Group
(303) 791-3360 / dyslexiaresourcegroup@comcast.net

Families Sharing Hope
(303) 594-6161 / grandcurtis@comcast.net

Parents of Teens/Young Adults with Depression/Bipolar
(303) 791-0659 / dbsahighlandsranchparents@gmail.com

Littleton

Down Syndrome Littleton Area Support Group (0-5 years)
(303) 797-1699 / mhdsa@aol.com

Down Syndrome School Age Support Group
(303) 797-1699 / mhdsa@aol.com

Moms on the Spectrum
(303) 870-9021 / info@momsonthespectrum.org

Denver Metro West

Arvada

Arvada Family to Family Support Group (mental illness)
(720) 227-7207 / jenvie06@yahoo.com

Lakewood

Down Syndrome-Autism Connection
(720) 214-0794 / robin@autismcolorado.org

Friends Family Support Group
(303) 763-9309 / ssolle1998@aol.com

Jefferson County Mobilizing Families Series
(303) 232-1338 ext. 206 / jolynn@arcjc.org

National Alliance on Mental Illness/Jeffco
(303) 279-7661 / PamHaynes@aol.com

West Metro Down Syndrome Support Group (birth-18)
(303) 797-1699 / mhdsa@aol.com

Eastern Colorado

Lamar

Lamar Family Support
(719) 336-3244 x 22 / lwagner@sdsccb.com

Northern Colorado

Eaton

Eaton Support Group (Weld County)
(970) 381-4562 / dstille@what-wire.com

Estes Park

You're Not Alone Support Group
(970) 231-7833 / julieslogcabin@beyondbb.com

Evans

Weld County Mobilizing Families Series
(970) 353-5219 / larry@arcweldcounty.org

Fort Collins

Community Education and Support (autism)
(970) 377-9640 / aslc@autismlarimer.org

DISH-Dietary Intervention Support & Hope
(970) 206-4979 / dzerman2@yahoo.com

Down Syndrome Circle of Friends (school age)
(303) 797-1699 / mhdsa@aol.com

Down Syndrome Fort Collins Area Support Group (0-5 years)
(303) 797-1699 / mhdsa@aol.com

Parents of Asthmatic and Allergic Children Support Group
(970) 495-8153 / cmc@pvhs.org

You're Not Alone Support Group (all disabilities)
(970) 980-7527 / tina@autismlarimer.org

Greeley

Epilepsy Support Group
(970) 352-4646 / allison@epilepsycolorado.com

Greeley Area Down Syndrome Support Group (bilingual)
(303) 797-1699 / mhdsa@aol.com

Special Family Support Network
(970) 392-2771 / specialfamilysn@gmail.com

Loveland

Thompson Autism/Aspergers Parent Support
(970) 613-6771 / cecilia.gasner@thompsonschoools.org

Southern Colorado

Canon City

Canon City Autism Task Force/Family Support
(719) 429-6159 / javernk@canoncityschools.org

Pueblo

Autism Parent Support Group
(719) 253-7727 / pptc@q.com

Special Moms Meet-Up
(719) 547-0377 / brandileeyoung@gmail.com

Western Slope

Cortez

Southwest Kids
(970) 565-8389 / swkids@cci-colorado.org

Durango

Southwest Support Group (epilepsy, autism and more)
(970) 749-9607 / liza@sjbhd.org

Eagle County

Family Connections of Eagle County
(970) 376-4079 / famconn@gmail.com

Glenwood Springs

Roaring Fork Autism Network (RFAN)
(970) 309-5485 / info@rfautism.org

Grand Junction

Colorado visions (5 week series, mental illness focus)
(970) 462-3989 / namiwesternslope@gmail.com

Dyslexia Association of Western Colorado
(970) 201-1253 / cjagaines@msn.com

Moms Night Out, Weekly Coffee Break, Dad's Group
(970) 985-4013 / jdelongfrazier@bresnan.net

Northwest Colorado Community Group (Down syndrome)
(303) 797-1699 / mhdsa@aol.com

Parents of Children with Behavioral/Emotional Issues
(970) 241-6023 / jcurtis@cwrhmhc.org

Gunnison

Sensory Processing Disorder Support Group
(970) 641-9590 / nsmelby@gunnison.com

Montrose

Montrose Down Syndrome Support Group (all ages)
(303) 797-1699 / mhdsa@aol.com

Montrose Parent Group
(970) 596-7778 / flyingforme@hotmail.com

Steamboat Springs

Yampa Valley Autism Program
(970) 870-4263 / lloeber@yampavalleyautism.org

Summit County

Families of Exceptional Learners
(970) 389-0808 / bettysarber@gmail.com



PARENT TO PARENT OF COLORADO connects families of children and adults with disabilities or special health care needs in communities across Colorado. **1-877-472-7201** or p2p-co.org



EMPOWER COLORADO is an organization run by families offering support, education, advocacy and resources to families with children and youth who have social, emotional or mental health challenges. **1-866-213-4631** or empowercolorado.com



FAMILY VOICES COLORADO advocates for children with special health care needs as well as assisting families in navigating health systems including Medicaid, Medicaid waivers and private insurance. **1-800-881-8272** or familyvoicesco.org

DOWNLOADABLE RESOURCES at p2p-co.org

WHERE DO I START?

Information sheet on major resources in Colorado and what they provide.

WHERE DO I START? DISABILITY SPECIFIC

Information and links to both Colorado and national resources on specific disabilities.

WHERE DO I START? THE THREE P's

P2P? PEAK? PEP? A short explanation of three valuable Colorado resources for parents.