



## WHERE DO I START?

# The Three P's: P2P, PEAK and PEP

Parents of children with disabilities and professionals who interact with them frequently request information. Three great Colorado resources are often confused. Although not related, all three work together to provide information, support and encouragement to families as they raise their children with disabilities.

Here is an explanation of these statewide resources...

### **P2P: Parent to Parent of Colorado, [p2p-co.org](http://p2p-co.org), 877-472-7201**

- Connects families of sons and daughters with disabilities or special health care needs with other families
- Serves families statewide with children birth through life
- One to one parent matching service
- Parent only listserv of over 1300 parents for support and information
- Disability specific resources on website
- Resource Storeroom with links to frequently needed resources on website
- Parent Support Groups listing
- Information, referral and research for parents and professionals with questions
- Facebook Fan page for parent and professional interchange
- Extensive list of parent wisdom files on various topics
- Updates on policy issues which affect our children
- The **WHERE DO I START?** Series, available for downloading at [p2p-co.org](http://p2p-co.org)

### **PEAK Parent Center, [peakparent.org](http://peakparent.org), 800-284-0251**

- Federally designated Parent Training and Information Center for Colorado under The Individuals with Disabilities Education Act (IDEA)
- Serves families with children birth through age 26
- Statewide parent advisors available to talk with families about school related issues, IEPs, 504 plans
- Offers trainings on Understanding IEPs and other topics
- Annual "Conference on Inclusive Education"
- Online calendar of events on website

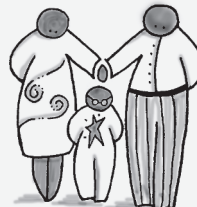
### **PEP: Parents Encouraging Parents, [www.cde.state.co.us/cdesped/PEP.asp](http://www.cde.state.co.us/cdesped/PEP.asp), 303-866-6846**

- Family-centered conference sponsored by the Colorado Department of Education
- Serves families with children birth to age 21; also open to professionals
- Free to participants including training, lodging, meals (except Friday evening)
- Held 2-3 times per year at various statewide locations over 2 1/2 days, Thursday through Saturday
- Designed to offer support, information and education to parents and professionals related to parenting, educating and supporting a child with a disability in their school and community
- Check website for more details and to sign up for conference

The **WHERE DO I START?** Series includes:

- #1 General Resources
- #2 Disability Specific Resources
- #3 The Three P's: P2P, PEAK, PEP

Available for downloading at [p2p-co.org](http://p2p-co.org)



Brought to you by  
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